



FOR OVER 25 YEARS, INN FROM THE COLD HAS BEEN HELPING VULNERABLE FAMILIES FIND STABILITY IN TIMES OF CRISIS. AS THE LARGEST ORGANIZATION IN THE CALGARY REGION THAT IS DEDICATED SOLELY TO FAMILIES EXPERIENCING A HOUSING CRISIS, WE BELIEVE THAT A COMMUNITY WHERE NO CHILD OR FAMILY IS HOMELESS IS POSSIBLE.

HELPING FAMILIES OVERCOME OBSTACLES THAT CAN LEAD TO A CYCLE OF HOMELESSNESS – THAT'S WHAT WE STRIVE TO DO WITH EVERY FAMILY THAT ASKS INN FROM THE COLD FOR HELP.

**[INNFROMTHECOLD.ORG](http://INNFROMTHECOLD.ORG)**



**MAKE A  
DIFFERENCE**

**GET INVOLVED!**



### **CONTACT INFORMATION**

#106, 110 11 AVENUE S.E.  
CALGARY, ALBERTA T2G 0X5  
[VOLUNTEER@INNFROMTHECOLD.ORG](mailto:VOLUNTEER@INNFROMTHECOLD.ORG)  
[INNFROMTHECOLD.ORG](http://INNFROMTHECOLD.ORG)

NOTE: INN FROM THE COLD WILL BE  
MOVING TO A NEW LOCATION IN FALL 2022.

**INN FROM THE COLD**

**VOLUNTEER  
OPPORTUNITIES**

**[INNFROMTHECOLD.ORG](http://INNFROMTHECOLD.ORG)**





## JOIN US!

VOLUNTEERS ARE AT THE HEART OF OUR ORGANIZATION AND WE ARE SO GRATEFUL TO THE HUNDREDS OF VOLUNTEERS WHO HELP US EACH YEAR BY DONATING THEIR TIME, ENERGY AND GOODWILL.

## AVAILABLE OPPORTUNITIES

VOLUNTEERS ARE ACTIVE ON THE FRONTLINES AND BEHIND THE SCENES AT INN FROM THE COLD. WHETHER YOU'RE LOOKING FOR A LONG-TERM OR SHORT-TERM COMMITMENT, ENJOY WORKING WITH CHILDREN, ROLLING UP YOUR SLEEVES IN THE KITCHEN OR PREFER THE ALLURE OF SPECIAL EVENTS, INN FROM THE COLD HAS A PLACE FOR YOU.

### INDIVIDUAL & GROUP OPPORTUNITIES

WE HAVE OPPORTUNITIES TO GET INVOLVED IN-PERSON & ONLINE.

- INDIVIDUAL KITCHEN SUPPORT
- GROUP MEAL SERVICE
- FAMILY FACILITATORS
- SPECIAL EVENTS SUPPORT
- ADMINISTRATIVE SUPPORT
- FACILITIES PROJECTS

LEARN MORE AT  
[INNFROMTHECOLD.ORG/VOLUNTEER](http://INNFROMTHECOLD.ORG/VOLUNTEER)

## FAQ'S

### → HOW DO I APPLY?

YOU CAN APPLY ONLINE AT  
[INNFROMTHECOLD.ORG/VOLUNTEER](http://INNFROMTHECOLD.ORG/VOLUNTEER)

### → HOW QUICKLY CAN I START?

DEPENDING ON YOUR INTERESTS AND AVAILABILITY, ANYWHERE FROM TWO WEEKS TO SIX MONTHS. AVERAGE PROCESSING TIME FOR INDIVIDUAL VOLUNTEERS IS THREE MONTHS.

### → HOW OFTEN CAN I VOLUNTEER?

REGULAR VOLUNTEERS COME IN ANYWHERE FROM ONCE PER WEEK TO ONCE PER MONTH.

### → HOW LONG DO I NEED TO COMMIT?

WE ASK INDIVIDUALS AND PAIR VOLUNTEERS FOR A 6-MONTH COMMITMENT IN ORDER TO FOSTER STRONG AND CONSISTENT RELATIONSHIPS WITH OUR GUESTS. ONE-TIME OR EPISODIC OPPORTUNITIES ARE AVAILABLE FOR GROUPS.